

deals

Nature's Temptations

August 21–September 24, 2024

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Lakewood
Organic Pure
Pineapple Juice

\$6²⁹

32 oz



Bragg
Organic Apple Cider
Vinegar

\$4⁷⁹

32 oz



Stock up on organic goodness!

Late July
Organic Tortilla Chips
selected varieties

2/\$7

10.1 oz



Primal Kitchen
Organic Ketchup
selected varieties

\$4⁷⁹

11.3 oz



Cascadian Farm Organic
Organic Potatoes
selected varieties

2/\$8

12–16 oz



Food For Life
Organic Ezekiel 4:9® Bread
selected varieties

\$4⁷⁹

24 oz



Alexia
Organic Fries
selected varieties

\$4⁴⁹

15–16 oz



Muir Glen
Organic Tomatoes
selected varieties

2/\$4

14.5 oz



Native Forest
Organic Coconut Milk
selected varieties

\$2⁷⁹

13.5 oz



Forager Project
Organic Cashewmilk Yogurt
selected varieties

\$4⁷⁹

24 oz



Alden's Organic
Organic Ice Cream
selected varieties

\$8²⁹

48 oz



Annie's Organic Mac & Cheese
selected varieties



2/\$6

6 oz

Crown Prince Natural Smoked Oysters
selected varieties

\$3.29

3 oz



Montebello Organic Artisan Pasta
selected varieties

\$3.49

1 lb



Maya Kaimal Organic Everyday Dal
selected varieties

\$3.49

10 oz



Mike's Mighty Good Craft Ramen
selected varieties

\$1.89

1.6-2.4 oz



Lotus Foods Organic Rice Noodles
selected varieties

\$3.29

8 oz



Jeff's Garden Capers

\$2.99

6 oz



Muir Glen Organic Pasta Sauce
selected varieties

2/\$7

23.5 oz



Wild Planet Wild Sardines
selected varieties

\$1.99

4.4 oz



Wild Planet Skipjack Wild Tuna
selected varieties

\$2.79

5 oz

San-J
Organic Tamari Soy Sauce

\$4.79

10 oz



Sir Kensington's
Mayonnaise

selected varieties

\$6.79

12 oz



Green Mountain Gringo
Salsa

selected varieties

\$4.49

16 oz



Garden of Eatin'
Corn Tortilla Chips

selected varieties

\$4.79

16 oz



Vermont Smoke & Cure
Meat Stick

selected varieties

2/\$3

1 oz



Simply Organic
Organic Dip Mix

selected varieties

\$1.29

0.7-1.5 oz



Terra
Vegetable Chips

selected varieties

\$2.99

5-6 oz



Clif Bar
Energy Bar

selected varieties

2/\$3

2.4 oz



Kettle
Potato Chips

selected varieties

2/\$6

4.25-5 oz



Angie's
BoomChickaPop Popcorn

selected varieties

2/\$6

4.4-7 oz



Larabar
Fruit & Nut Bar

selected varieties

5/\$5

1.6-1.7 oz



Gather around the table with Siete Foods! Siete creates delicious heritage-inspired products with thoughtfully selected ingredients, like these Grain Free Taco Shells and Sea Salt Tortilla Chips made with avocado oil. Enjoy with loved ones because Juntos es Mejor, or "together is better!"

**Chocolove
Chocolate Bar**
selected varieties

2/\$5

2.9-3.2 oz



**Theo
Organic Chocolate Bar**
selected varieties

2/\$6

3 oz



**Endangered Species
Chocolate Bar**
selected varieties

2/\$5

3 oz



**Tony's Choclonely
Chocolate Bar**
selected varieties

2/\$7

6.35 oz



**UNREAL
Chocolate Bars**
selected varieties

\$4.29

3.4-4.2 oz



**Tate's Bake Shop
Cookies**
selected varieties

\$4.79

6.5-7 oz



**Cascadian Farm Organic
Organic Cereal**
selected varieties

2/\$7

8.6-14.6 oz



**Barbara's
Cereal**
selected varieties

\$4.29

11 oz



**Spectrum
Organic Shortening**

\$8.79

24 oz



**Mount Hagen
Organic Instant Coffee**
selected varieties

\$8.49

3.53 oz



**Laird Superfood
Superfood Creamer**
selected varieties

\$6.79

8 oz



**San Pellegrino
Sparkling Water**

2/\$4

750 ml



**Essentia
Alkaline Water**

2/\$3

1 lt



**C2O
Coconut Water**

\$3.49

33.8 oz



**Vita Coco
Coconut Water**
selected varieties

2/\$4

500 ml



**Harmless Harvest
Organic Coconut Water**

\$3.79

16 oz



**KeVita
Organic Kombucha**
selected varieties

\$2.79

15.2 oz



**Health-Ade
Organic Kombucha**
selected varieties

\$2.79

16 oz



**Almond Breeze
Almondmilk**
selected varieties

\$3.79

64 oz



**Nuts for Cheese
Organic Vegan Cheese**
selected varieties

\$5.79

4.2 oz



**Milkadamia
Macadamia Milk**
selected varieties

\$4.49

32 oz



**Califia Farms
Barista Blend Oatmilk**

\$3.79

32 oz



**Organic Valley
Organic Raw Cheese**
selected varieties

\$4.79

8 oz



**MALK
Organic Almondmilk**
selected varieties

\$5.29

28 oz



**So Delicious
Coconutmilk Yogurt Alternative**
selected varieties

\$4.99

24 oz



**Rumiano
Organic Sliced Cheese**
selected varieties

\$3.79

6 oz



Built on the foundation of craft and compassion, Miyoko's Creamery is the natural, compassionate evolution of dairy—using time-honored techniques and the finest ingredients to make our award-winning, phenomenally vegan, plant-milk butter and cheese.

**Miyoko's
Organic Liquid Vegan
Pizza Mozzarella**

\$5.29

16 oz



**Miyoko's
Organic Vegan
Cream Cheese**
selected varieties

\$3.79

8 oz



Ithaca Cold-Crafted Hummus

selected varieties



Bitchin' Sauce Bitchin' Sauce

selected varieties



\$379

8 oz

wildbrine Kimchi

selected varieties



\$629

18 oz

Base Culture Sliced Bread

selected varieties



\$749

16-24 oz

Woodstock Organic Raspberries



\$529

10 oz

2/\$7

10 oz

Cosmic Bliss Organic Dairy-Free Frozen Dessert

selected varieties



\$529

14 oz

So Delicious Plant-Based Frozen Dessert

selected varieties



\$479

16 oz

Om Organic Lion's Mane



\$1699

100 g

Trace Minerals ConcenTrace Trace Mineral Drops



\$3399

8 oz

Vibrant Health Green Vibrance



\$4599

11.68 oz

Wiley's Finest Wild Alaskan Fish Oil Easy Swallow Minis



\$1699

60 ct

Nordic Naturals Algae Omega



\$2299

60 ct

Yerba Prima Psyllium Husks Powder



\$1299

12 oz

**Garden of Life
Vitamin Code® Raw Zinc**



\$11⁹⁹

60 ct

**JASON
Body Wash**
selected varieties



\$10⁹⁹

30 oz

**Weleda
Skin Food**



\$14⁹⁹

2.5 oz

**ACURE
Shampoo or Conditioner**
selected varieties



\$6⁷⁹

8 oz

**Renew Life
Women's Care Probiotic 90b CFU**



\$40⁹⁹

30 ct

**Dr. Bronner's
Organic Hand Sanitizer**
selected varieties



\$3⁷⁹

2 oz

**Natural Factors
WellBetX® Berberine 500 mg**



\$21⁹⁹

60 vcap

**The Grandpa Soap Co.
Pine Tar Bar Soap**



\$3²⁹

3.25 oz

**ShiKai
Borage Therapy Hand Cream**



\$6⁹⁹

2.5 oz

**DERMA E
Anti-Wrinkle Renewal Cream**



\$15⁹⁹

4 oz

**Alba Botanica
Un-Petroleum Jelly**



\$5⁹⁹

3.5 oz

**Mrs. Meyer's Clean Day
Liquid Dish Soap**
selected varieties



\$3⁹⁹

16 oz

**Avalon Organics
Shampoo or Conditioner**
selected varieties



\$8²⁹

11 oz

Moroccan Style Meatballs

45 MIN • SERVES 2-3

INGREDIENTS

½ pound ground beef	1 cinnamon stick
½ pound seasoned ground pork	⅓ cup honey
1 medium yellow onion, diced (divided)	¼ teaspoon sea salt
3 tablespoons olive oil	¼ teaspoon ground black pepper
2 large garlic cloves, minced	½ preserved lemon, chopped (optional)
15 ounce can fire-roasted crushed tomatoes	⅓ cup crumbled feta
1 teaspoon ground ginger	1 cup cilantro leaves

DIRECTIONS

- 1 Combine ground beef, pork, and half of the diced onion. Shape mixture into eight balls and set aside.
- 2 In a 4-quart saucepan, heat oil over medium heat. Add remaining onion and sauté until translucent. Stir in garlic, ginger, and cinnamon stick; cook for one minute.
- 3 Add tomatoes, ½ cup water, honey, salt, and pepper. Bring to a gentle simmer and cook for 10 minutes. Place meatballs in sauce and continue to cook for 15 minutes or until internal temperature reaches 165°F.
- 4 Stir in preserved lemon and serve with crumbled feta and cilantro.



Proud member of INFRA.

As part of the Independent Natural Food Retailers Association, we're able to provide you with savings on the food you love as well as collaborate to achieve important goals of increasing sustainability and addressing climate change.

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