



Happy Thanksgiving



from Nature's Temptations

32 Prospect Street Ridgefield, CT • 203-438-5443 • chefliz@naturestemptations.com

All orders must be placed by WEDNESDAY, NOVEMBER 16th

Our food is prepared from scratch with fresh, organic and clean ingredients.

STARTERS

- GF **Antipasto** roasted red pepper, marinated mushrooms, mozzarella, marinated artichokes, provolone, genoa salami, eggplant capanatasmall 4 to 6 people \$49.99 large 12 to 15 people \$127.99
- GF K P DF **Shrimp Cocktail** 12 pieces of shrimp with cocktail sauce..... serves 4 to 6 people \$24.99
- GF K P **Mini Cheese Balls** cream cheese, cheddar cheese laced with herbs, rolled in toasted pecans, bacon and dried cranberries (approximately 1 lb - 6 cheese balls)..... \$17.99 lb
- GF K P **Mini Pumpkin Cheese Balls** cream cheese, pumpkin, swiss cheese, rolled in toasted pecans (approximately 1 lb - 6 cheese balls) \$18.99 lb
- VG GF **Figs with Goat Cheese** with balsamic drizzle (12-22 pieces per half pound) \$14.99 lb
- VG **Lasagna** layers of seasoned ricotta and mozzarella (2 1/4 lb serves 4-6 people)....\$11.99with sausage \$14.99

SOUPS

- V GF **Pumpkin-Wild Rice-Mushroom** creamy pumpkin laced with sautéed cremini mushrooms and wild rice \$13.99 quart
- GF **Harvest Corn Chowder** a warm creamy chunky chowder of corn, potato, peppers, celery, butternut, yams laced with bacon\$13.99 quart
- GF **Butternut Squash** blended with carrots & jewel yams laced with cinnamon, sherry, and cream\$13.99 quart

COOKED MEATS

- GF **Fresh Natural Turkey Plainville Farms** served with 1 quart of gravy 14-16 lb \$12.99 lb
- GF **Fresh Organic Turkey Plainville Farms** served with 1 quart of gravy 14-16 lb \$13.99 lb
- GF **Fresh Natural Boneless Turkey Breast Plainville Farms** 4-6 people yields about 3 lbs \$65.99
- GF **Whole Roast Chicken** \$14.99 each

GRAVY & CONDIMENTS

- Turkey Gravy** made from scratch, simply put **THE BEST GRAVY IN TOWN!**.....\$15.99 quart
- GF DF **Gluten-Free Turkey Gravy**.....\$15.99 quart
- V GF DF **Cranberry Relish** a blend of cranberries, oranges, maple syrup simmered to a delicate bitter-sweet flavor \$13.99 pint

SIDES

- V GF DF **Moroccan Carrot Salad** carrots and yams with raisins, pistachios, tossed in a lime-ginger,cilantro dressing..... \$10.99 lb
- V GF DF **Brussels Sprout Chickpea & Pumpkin Salad** with pomegranate tossed in a spiced maple-pomegranate dressing with hints of ginger and cinnamon \$10.99 lb
- V GF **Green Beans** sautéed in garlic and oil..... \$17.99 lb
- V GF DF **Wild Mushrooms & Peas** sautéed with sherry and vegan butter..... \$18.99 lb
- VG GF **Carrot Soufflé** 1.5 lb \$14.99 lb...2.25 lb \$21.99 lb
- Creamed Spinach** simmered in chicken stock, finished with sour cream, and a hint of nutmeg.....\$16.99 lb
- VG **Macaroni & Cheese**.....\$11.99 lb (add tomato, caramelized onion & bacon) \$18.99 lb
- V GF DF **Honey Roasted Brussels Sprouts** roasted with white balsamic, garlic, and real salt..... \$16.99 lb
- GF **Brussels Sprout Casserole** shaved brussels sprout, pecans, swiss cheese, bacon and swiss baked with a hint of white balsamic baked into creamy goodness \$18.99 lb

STUFFING & POTATOES

- VG GF **Mashed Potatoes** classic mashed Yukon potatoes with butter and milk..... \$10.99 lb
- V GF DF **Maple Glazed Yams** \$13.99 lb
- Traditional Stuffing** herbed whole grain bread and vegetables with garlic and sage \$11.99 lb add sausage \$12.99 lb
- GF **Cornbread Stuffing**\$12.99 lb add sausage \$13.99 lb
- V GF DF **Red Quinoa Stuffing** with dried cranberries, roasted squash, pistachios and baby spinach \$12.99 lb
- GF K P **Keto-Paleo Stuffing** cauliflower, mushrooms, onions, celery, coconut oil, sage, salt, turkey drippings, pecans.. \$15.99 lb

VEGAN ENTRÉES

- GF **Kabocha Squash Cakes** laced with tahini ginger crusted with toasted pecans served with pear ginger relish . \$14.99 lb
- V GF DF **Veggie Loaf** carrot, celery, onion, mushrooms, parsley with chickpeas, lentils seasoned and baked until golden brown topped with vegan alfredo sauce (contains nuts)..... \$10.99 lb

FRESH BAKED DINNER ROLLS & BREADS

- Assorted Artisan Baked Dinner Rolls**\$11.99 dozen
- VG **Pumpkin Bread** Chef Liz's homemade pumpkin bread..... \$11.99 loaf

DESSERTS (minimum 3 lb)

- V GF DF **Chocolate Mousse** \$13.99 lb
- V GF DF **Pumpkin Chia Seed Pudding** \$13.99 lb
- V GF DF **Coconut Rice Pudding**..... \$9.99 lb



THANKSGIVING DINNER MENU

All orders must be placed by WEDNESDAY, NOVEMBER 16th

Our food is prepared from scratch with fresh, organic and clean ingredients.

\$299.99 family of 4 • \$74.99 per additional person

APPETIZER - choose up to 2

Shrimp Cocktail - 12 pieces of tiger white shrimp with cocktail sauce and lemon

Mini Cheese Balls - cream cheese, cheddar cheese laced with herbs, rolled in toasted pecans
bacon, dried cranberries (6 cheese balls - approx 1 lb)

Lasagna layers of seasoned ricotta and mozzarella

Pumpkin, Mushroom & Wild Rice Soup

Harvest Corn Chowder

MAIN COURSE - choose up to 2

(choice of gravy and cranberry sauce included)

Roast Turkey Breast (approx 2.5-3 lb)

Roast Turkey dark & white meat (approx 1.5 lb turkey breast with 1 thigh, 1 drumstick, 1 wing)

Spiral Ham 2 lb with ham gravy

Roast Chicken

Turkey Gravy or Gluten-free Turkey Gravy 1 quart

Fresh Cranberry Sauce 1 pint

SIDE DISH - choose 3 (1.5 lb per side)

Sautéed Green Beans **Carrot Soufflé** **Roasted Brussels Sprouts**

Sautéed Mushroom & Peas **Maple-Glazed Yams** **Mashed Potatoes**

Traditional Stuffing **Traditional Sausage Stuffing** **Macaroni & Cheese**

Gluten-Free Cornbread Stuffing (with sausage)

Red Quinoa Stuffing with dried cranberries, roasted squash, pistachio, baby spinach

DESSERT

8" Whistle Stop Bakery Apple or Pumpkin Pie