

WE ONLY USE 100% ORGANIC PRODUCE!

If an ingredient is not available as organic, it is substituted with something else organic.

The juice cleanse consists of six 16 ounce juices daily. Choose from one of the packages or pick your own 6 pack from the list provided. Each day, between 8:00-9:00 AM you will pick up your juice for that day. All your juices will be in BPA-free plastic bottles. Included with your juices are recommendations on how to cleanse properly.

BENEFITS

- cleanses and regulates colon
- weight loss (fat, not water)
- balances pH and blood sugar levels
- strengthens immune system
- increases mental clarity
- less cravings for sugar and other stimulants
- cellular cleansing and rebuilding
- diminishes toxin load
- diminishes pains and allergies
- blood, tissue and organ cleansing
- restores liver function capacity
- increases energy levels
- enhances sense of joy and lightness

Chef Liz has over 20 years of juicing experience. Working with Jeff Konchalski, owner of Nature's Temptations they've taken their favorite juices and created an effective cleanse just for you.

For more information on how to get started, stop in and speak with Chef Liz or call 203-438-5443.

PACKAGES

EASE ON INTO IT

Very Veggie, Greens, Pineapple-Wheatgrass, Greens, Almond Milk, Apple-Lemonade

LEVEL OFF

Greens, Pineapple-Wheatgrass, Greens, Apple-Lemonade, Greens, Almond Milk

BRING IT ON

Greens, Greens + Wheatgrass Shot, Greens, Pineapple-Wheatgrass, Greens, Apple-Lemonade

6 PACK

Green Juice, Pineapple-Wheatgrass, Very Veggie, Apple-Lemonade, Almond Milk

PACKAGE PRICING

One Day	\$89
3 Days	\$259
5 Days (recommended)	\$379

6 Packs

Very Veggie	\$80
Green Juice	\$75
Pineapple Wheatgrass	\$65
Apple-Lemonade	\$85
Almond Milk	\$65

Prices are subject to change without notice.

